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Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Date \_\_\_\_\_

**HISTORY OF PRESENT ILLNESS (HPI):**

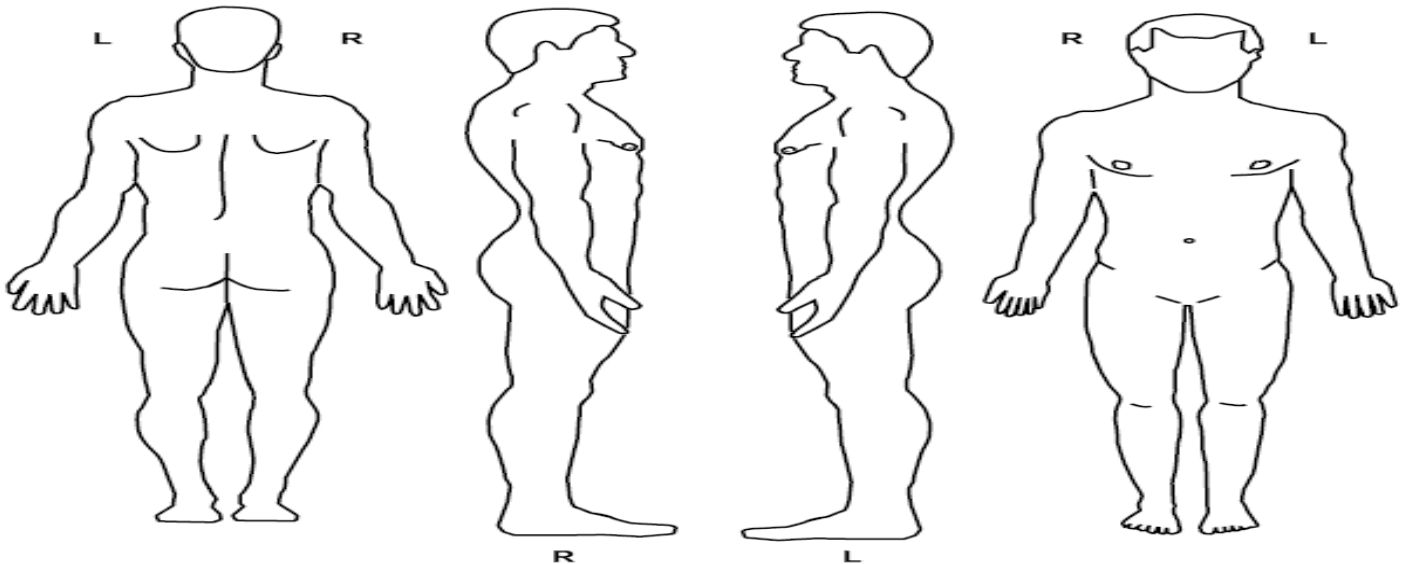
What is the **PRIMARY** reason for your visit? (Pain/ Complaint) \_\_\_\_\_

\_\_\_\_\_

Mark area(s) of injury or PAIN. Mark all areas with the appropriate symbols and indicate the degree of pain using a scale from **0 ( NO PAIN ) to 10 (Extreme pain)**. **0 1 2 3 4 5 6 7 8 9 10**

If necessary, describe your symptoms in words off to the side.

**Description:** Aching      Numbness      Pins & Needles      Burning      Stabbing      Throbbing  
**Symbol:**            A            N            P            B            S            T



What **CAUSED** this problem /Auto Injury/ Work Injury/ Sport Injury/ Other \_\_\_\_\_

When did this problem begin? (Day, Week, Month, Year) \_\_\_\_\_

Have you had this problem before? YES NO

Is the Condition getting: BETTER / WORSE / SAME

What makes this problem **BETTER**? \_\_\_\_\_

What makes this problem **WORSE**? \_\_\_\_\_

**Have you had imaging performed for your symptoms? YES / NO What type? Xray MRI CT-Scan**

**When?** \_\_\_\_\_ **Where?** \_\_\_\_\_

What do your symptoms interfere with? Work / Sleep / Daily Routine / Recreation / Exercise

Other: \_\_\_\_\_

Is your pain: Constant / Comes and goes / Other \_\_\_\_\_

How often do you experience your symptoms Daily / Weekly / Monthly etc: \_\_\_\_\_

Do your symptoms wake you up at night: **YES / NO**

Do your symptoms stay in one place or does it **TRAVEL** (radiate) to another area of your body? **YES NO**  
Where? \_\_\_\_\_

What treatment have you tried for your condition? (**CIRCLE ANSWER**)

Medication / Surgery / Physical Therapy / Chiropractic / Massage / Pain management / Acupuncture / None

Name of other doctor(s)/ therapists seen for this condition and outcome: \_\_\_\_\_

Do you use a cervical pillow or lumbar support at home or office? \_\_\_\_\_

Do you have flat feet or foot related pain? \_\_\_\_\_

Describe any **Secondary** problem:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Onset Date: \_\_\_\_\_

What makes it better: \_\_\_\_\_

What makes it worse: \_\_\_\_\_

Do your symptoms radiate or travel: \_\_\_\_\_

Quality of your symptoms :**Aching / Numbness /Pins & Needles / Burning / Stabbing /Throbbing: Other**

Severity of symptoms 0-10 with ten being the most pain \_\_\_\_\_

How often do you have your symptoms: \_\_\_\_\_

Describe any **Tertiary** problem:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Onset Date: \_\_\_\_\_

What makes it better: \_\_\_\_\_

What makes it worse: \_\_\_\_\_

Do your symptoms radiate or travel: \_\_\_\_\_

Quality of your symptoms :**Aching / Numbness /Pins & Needles / Burning / Stabbing /Throbbing: Other**

Severity of symptoms 0-10 with ten being the most pain \_\_\_\_\_

How often do you have your symptoms: \_\_\_\_\_

**REVIEW OF SYSTEMS: PLEASE MARK WITH C= CURRENTLY or P= PAST**

GENERAL SYMPTOMS

- Headache
- Weight Loss
- Fever
- Chills
- Night Sweats
- Fainting
- Dizziness
- Convulsions
- Loss of Sleep
- Fatigue
- Nervousness
- Loss of Weight
- Numbness or pain in arms/legs/hands
- Allergy (What)
- Wheezing

GASTRO-INTESTINAL

- Poor Appetite
- Intestinal Cancer
- Poor Digestion
- Starvation
- Belching or Gas
- Nausea
- Vomiting
- Vomiting Blood
- Pain over Stomach
- Constipation
- Diarrhea
- Colon Trouble
- Hemorrhoids
- Fluid Retention
- Liver Trouble
- Gout
- Jaundice
- Gall - Bladder Trouble

MUSCLE & JOINTS

- Weakness
- Twitching
- Stiff Neck
- Backache
- Swollen Joints
- Tremors
- Foot Trouble
- Painful Tailbone
- Pain Between Shoulders
- Spinal Curvature

SKIN/ALLERGIES

- Skin Cancer
- Skin Eruptions
- Itching
- Bruising Easily
- Dryness
- Boils
- Sensitive Skin
- Hives or Allergies
- Eczema

GENITO-URINARY

- Frequent Urination
- Painful Urination
- Blood in Urine
- Kidney Infection
- Bed Wetting
- Inability to control Urine
- Prostate Enlargement
- Prostate Cancer

CARDIO VASCULAR

- Rapid Heart
- Slow Heart
- High Cholesterol
- High Blood Pressure
- Low Blood Pressure
- Pain Over Heart
- Heart Trouble
- Swelling Ankles
- Poor Circulation
- Varicose Veins
- Stroke
- Palpitations

EYE/EAR/NOSE/THROAT

- Poor Vision
- Crossed Eyes
- Pain in Eyes
- Deafness
- Earache
- Ear Noises
- Ear Discharges
- Nasal Obstruction
- Nose Bleeds
- Sore Throats
- Hoarseness
- Hay Fever
- Asthma
- Frequent Colds
- Enlarged Thyroid
- Tonsillitis
- Sinus Trouble

FOR WOMEN ONLY

- Painful Periods
- Excessive Flow
- Irregular Cycle
- Hot Flashes
- Cramps or Backaches
- Vaginal Discharge

**Pleas List any other conditions that you have that are not listed.**

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**PAST MEDICAL HISTORY (PMH):**

Please list all past medical history including Heart, Lung, Kidney problems and medical problems such as diabetes, cancer, high blood pressure, pregnancy, etc.: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Injuries/ Surgeries you have had:	Description	Date
Falls	_____	_____
Injuries	_____	_____
Broken Bones	_____	_____
Dislocations	_____	_____
Surgeries	_____	_____

Medications:	Allergies:	Vitamins/ Herbs/ Minerals:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**SOCIAL HISTORY (SH):**

Marital Status: Married / Single / Divorced / Widowed

How many children do you have? \_\_\_\_\_ List any problems they have: \_\_\_\_\_

Have you ever or do you smoke? **YES NO** How long? \_\_\_\_\_ Packs/ Day \_\_\_\_\_

Do you drink Alcohol? **YES NO** How much? \_\_\_\_\_ Drinks/ Wk/ Day \_\_\_\_\_

Do you drink coffee/ caffeine drinks? **YES NO** Cups/ Day \_\_\_\_\_

Do you have a high stress level? **YES NO** Why? \_\_\_\_\_

Exercise level: none moderate daily **(CIRCLE ANSWER)**

Work activity: Sitting Standing Light Labor Heavy Labor **(CIRCLE ANSWER)**

**FEMALE ONLY:**

Are you pregnant? **YES NO** Due Date: \_\_\_\_\_

First day of last menses? \_\_\_\_\_ Are your cycles regular? **YES NO**

**FAMILY HISTORY (FH):**

Is your mother alive? **YES NO** Major health problems: \_\_\_\_\_

Is your father alive? **YES NO** Major health problems: \_\_\_\_\_

How many brothers? \_\_\_\_\_ Sisters? \_\_\_\_\_ Major health problems: \_\_\_\_\_

Please list any other **Hereditary and/or Risk illnesses or diseases:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Patient Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

*I certify that all my responses are complete and accurate.*